

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: NURSING CONCEPTS

Code No.: NUR 330-1

Program: NURSING

Semest-er: FIVE

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New:

Revision

APPROVED:

Chairperson

Date

NUR 330-1
YEAR III, SEMESTER V

CROSS REF.
WITH PROGRAM
OBJECTIVES

LEARNING
RESOURCES

WORKSF

IV (5)

A: NURSE'S ROLE AS PATIENT ADVOCATE
Complete Class Worksheet

Advocacy Risk and Reality (by M.F. Kohnke C.V. Mosby, Toronto, 1982

1. Define the terra patient advocate

Advocacy: What is it?" (Brower) J. Gerontol Nursing, 1982 March 8, pp, 141-143, 144-145, 149-151.

2. Identify characteristics needed in a professional nurse to be the patient's advocate.

"Advocacy: What is it?" (Kohnke)' Nurse Health Care, 1982, June pp 314-318.

"Sticking up for your patient" (Catherine Watson) Nursing Mirror, March 3, 1982, pp. 14.

"Consultant/Advocate for the medically ill Hospitalized Patient (Barbara Smith) Nursing Forum, Vol. XX, No. 2, 1981, pp, 115-129,

3. Analyze nurse/client interactions to determine behaviours indicative of patient advocacy.

"From all sides," Robert Song, Nursing Mirror, December 2, 1981, pp. 38-40.

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4. Site everyday examples of when patients need an advocate.

"Integrating Advocacy into the Gerontological Nursing Major", M. Jo. Namerow, Journal of Gerontological Nursing, Vol, 8, No. 3, March, 1982.

5. Demonstrate your role as patient advocate.

Patients' Rights, (J. Storch) McGraw-Hill Ryerson Ltd., 1982, pp. 124, 143, 170-175. "Statement on Patient Advocacy", RNAO, April 1977.

6. Examine issues that may cause nurses to abandon their client/advocate role.

"Was is advocacy, insubordination, or both?" (J. Berde) RN, May, 1982, pp. 109-111.

"Patient's Advocate-Letting a Patient Go" (Carol Anne Hanrahan), RN, Oct. 1984, p. 17-18

V (4)

B: METHODS OF NURSING CARE DELIVERY

Review the historical approach to delivery of nursing care.

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2. Compare and contrast the following methods of Nursing Care Delivery with regards to area, method and type. Delineate nursing responsibility and accountability.
- i) primary nursing
 - ii) team nursing approach
 - iii) total patient care
 - iv) nurse clinician
 - v) nursing practitioner
 - vi) extended roles
 - vii) central servicetry
 - viii) public health and home health care

The Practice of Primary Nursing, (Marie Manthey), Blackwell Scientific Publishers, Inc., Boston, 1980, 1st edition

The Middle Manager in Primary Nursing, (G. Gilbert Mayer; K, Bailey), Springer Publishing Co., N.Y. Co. 1982

3. Identify the method of nursing care delivery where you are working. What are the pros and cons of this system?

See attached ILst for journal articles on methods of Nursing Care Delivery

Examine the role of the nurse m one of the above methods with regard to leadership and job description.

III (5)

C; THE LEADERSHIP ROLE OF THE NURSE

Complete class worksheet

- 1, Define and explain the term leadership.
2. Give examples of leadership you have seen in nursing.

"What is Leadership?" L.B. Lundborg, Journal of Nursing Administration, May, 1982, pp, 32-33,

Hames & Joseph, Basic Concept of Helping, pp. 240-241.

"The social nature of leadership", AJN, 69:2614, December, 1969.

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	3- Identify styles of leadership	<u>Nursing Management and Leadership in Action</u> by L.M. Douglass and E.M. Olivin Bevis, 4th Ed., G.V. Mosby Co., 1983. pp. 343
	- authoritarian	
	- democratic	
	- bureaucratic	
	- laissez-faire	
	- maternal, paternalistic	
	- other	Text, p. 23. "Components of Decision-Making", <u>College Communique</u> , Vol, 9, No, 4, Aug, 1984.
III (2) (4)	4. a) List characteristics needed to be a leader in nursing, eg. a psychiatric nurse, eg. valued and effective team member.	Stuart & Sandien, <u>Principles and Practice of Psychiatric Nursing</u> , Roles & Functions of psych nursing, Ch. 1, pp. 18-19.
	- components of decision-making	
	b) role performance in groups	
	5. Create a theoretical model of the kind of leader you would like to be on your present ward; consider personal characteristics, attitudes, communication approaches and overall style.	"Leadership for Expanding Nursing Influence on Health Policy." (Davis Calley, Sochelski), <u>Journal of Nursing Administration</u> , Jan. 1982, pp. 15 +.
		"Leadership Style and Approaches in Critical Care Nursing", (M.L. Guy)

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Analyze selected situations of leadership in nursing. Formulate a plan of action for each nursing leader, reviewing the ramifications of decisions and actions taken.

Leadership at Work
RN November, 1981,
pp. 105, 106. RN
March, 1982, pp.
101+. RN April,
1982, pp. 93, RN
December, 1981,
pp. 8

"Congratulations,
you're in Charge"
(Alice Dillon)
Nursing Life, Mar/
Apr, 1982, pp. 21.

7. Identify some current issues in which nurses could take a leadership role,
eg. Canada Health Act
Issues on Child Abuse

"Leadership and
Change in Nursing",
(by L. Hardy et al)
Nursing Times, Aug.
25, 1982, pp. 1429-
1430

- 8, Participate in workshop on Assertiveness in nursing.
- why be assertive in nursing
 - recognize your personal strengths, talents
 - review Harris theory
 - communication styles
 - determine when to be assertive
 - role play situations

"Self-Care for
Nurses: Assertive-
ness", (P.J. Might)
Nursing Management,
Feb. 1982, p, 13.

Stat Special Tech-
niques in Assertive-
ness Training (M.
Chenevert), C.V.
Mosby Co., Toronto,
1983,

"Assertiveness
Skills", (M.
Edmunds), Nurse
Practitioner, Nov
Dec, 1981, p.27-32

"The Assertive
Nurse", (G.
Donnelly), Nursing
'78, Jan. p.65
Text: pp. 161

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"Gaining Power Through Assertive Behaviour", (Lancaster & Lancaster), Concepts for Advanced Nursing Practice-The Nurse as a Change Agent, p. 406+

"Leadership-Assertiveness - The Key to Professionalization of Nursing" (Bernard and Walsh), p. 15-17

VI D: ROLES & RESPONSIBILITIES OF THE NURSING PROFESSION

Review 2nd year Concepts material on Professional Character Traits, by J. Flaherty - Nr, pp. 71+,

VI (1) 1. Analyze the roles and responsibilities of the nursing profession relative to the structure of the health care system, eg. Group Health Centre

"TLC Plus", (H.L. Hirsh) Nursing Homes, Nov/Dec 1982, pp, 37-38,

V 6, 7 2. Explain the functions of

- i) RNO
- ii) College of Nurses
- iii) ONA

"Roles of the Nurse" (Brunner), p, 9-12

3. Examine current issues in Nursing

RNO News, Jan-Feb, 76; Sept-Oct, 84; CNO 20th Anniversary

- a) nursing research
- b) quality of working life
- c) management skills
- d) political involvement and lobbying for nurses
- e) continuing education
- f) results of Gronze inquiry
- g) needs of the elderly
- h) affirmative action

Communique, Vol.8, No.1, Jan., 1983; "What is the College", Vol.9, No.5, Oct., 1984; "Licensing the Nursing Profession", Vol.9, No.4, Aug., 1984.

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III 4

Examine various working
relationships

- i) nurse/nurse relationship
- ii) nurse/contract with society,
patient
- iii) nurse/medical doctor
- iv) nurse/institution of
employment

Nursing Ethics, by
J. Flaherty.

RNAO Position
statement on
Rights, Duties
Obligations in
the workplace,
1981,

CHANGE PROCESS

Complete class worksheet

Review change theory
from Sociology
course.

1. Describe change theory.

Lewins Field Theory of Planned
Change

Social Change, W.E.
Moore, Prentice-
Hall Inc., Engle-
wood Cliffs, N.J.,
1963.

Identify essential elements needed
for change to progress.

"Yes, you can change
the system" (Terry
Paulson pAd Nursing
Life, Sept/Oct,
1981, pp. 26 +.

Examine your present work setting
in nursing and identify areas that
have been changed or areas in the
process of change.

Strategies for
Planned Change,
Zaltam & Duncan,
Wiley-Interscience
Publication,
Toronto, 1977.

"Savage Beasts that
Soothe: How the Pet
Visitation Program
Works", (O.
Roberts), CN, Sept.
1984, p. 4S^49

The Change Agent,
L.E. Schaller,
Abingdon Press,
Nashville,
Tennessee, 1977.

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Brunner: pp, 11,
"Leadership Role of
Nurse".

"Managing Change
Creatively" by
B- Walton Sprodley,
Journal of Nursing,
May, 1980

VI

Describe how the change process
may be used to facilitate nursing

Training for Change
Agents, Ronald &
Mary Haveloch,
Institute for Social
Research, University
of Michigan, Ann
Arbor, 1973.

Site an example of a change you
would like to see happen in
nursing. Develop a plan for this
change to occur, Assess the
factors involved Set goals and
determine actions you would take
to create change. Evaluate the
outcome.

Leadership for
Change: A Guide for
the Frustrated Nurse
(D. Brooten, *IT*,
Hayman, M. Naylor)
J.B. Lippincott Co.,
Toronto, 1978,

"Leadership & Change
in Nursing" (L.
Hardy & A.M.
Rafferty) Nursing
Times, Aug. 25,
1982, pp. 1429, 1430

"Effective Change
Requires a Change
Agent", (A.
Levinstein), Journal
of Nursing Admin-
istration, June, '79,
p. 12-16

"Preparing for the
Future", RNAO News,
Sept/Oct., 1984,
p. 22

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|----------|--|-----------------|--|
| VII 3, 4 | F: PERSONAL AND PROFESSIONAL DEVELOPMENTS | | |
| | 1. Explore rationale for development of personal and professional goals. | | |
| VII (2) | 2. Develop tentative personal and professional goals for the following time periods:
6 months, 1 year, 2 years, 3 years, 5 years, 10 years.
Consider your interests, strengths and weaknesses. | | |
| | 3. Share these goals with 1 class-mate. Arrange a date and time to evaluate goals in 6 months. | RNAO - position | |
| | 4. Continue to update goals and participate in continuing education.
eg. CPR | | |
| | 5. Participate in Job Skills Seminar
- prepare a resume
- examine and participate in job interviews designed for the new graduate nurse. | Consolidation | |
| | 6. Develop a tool for continuous self evaluation. | | |
| | 7. Plan a schedule that will help you to continue your own learning, increase and update your knowledge and skills | | |

NUR 330-1 - SEMESTER V

CONCEPTS

January, 1986

PROJECT: A CHANGE IN NURSING

Site an example of a change you would like to see happen in nursing for improved patient care.

Develop a plan for this change to occur. Assess the factors involved. Explain how nursing care is carried out now, and how this change might affect nursing care provided in this particular setting.

Set goals and determine actions you would take to create change. , How would the nurse be involved as the patient's advocate? Illustrate leadership needed or necessary to accomplish this change. Consider how professional affiliations may be of assistance or support for this change. Also consider the dynamics of professional working relationships.

Explain how changes like this relate to personal and professional development of each nurse. Evaluate the possible outcomes.

Demonstrate creativity. Maximum 10 typed pages.

Format must follow program requirements in regards to assignments (grammar/spelling).

Include footnotes and bibliography. 85%

NUR 330-1 - SEMESTER V
CONCEPTS
JOURNAL ARTICLES ON
METHODS OF NURSING CARE DELIVERY

Accountability: The Essence of Primary Nursing, (K. CisKe), AJN, May, 1979, p. 890-894

Primary Nursing is Alive and Well in the Hospital, (M. Manthey), AJN, Jan., 1973, p. 83-87

Primary Nursing or Total Patient Care?, (J. Hylands and A. Sainovka), DIMENSIONS, Oct., 1984, p. 36

A Theoretical Framework for Primary Nursing, (M. Manthey), JOURNAL OF NURSING ADMINISTRATION, June, 1980, p. 4-15

Primary Nursing in York Central Hospital, Toronto

Adapting the Patient Care Conference to Primary Nursing, (G. Gilbert Mayer, K. Bailey), JOURNAL OF NURSING ADMINISTRATION, June, 1979, p. 7-10,

Primary Nursing Won't Work...Unless the Head Nurse Lets It, (K. Zandov), JOURNAL OF NURSING ADMINISTRATION, Oct., 1977, p. 19-23

The Role of the Head Nurse in Primary Nursing, (D. Bartels, V. Good, S. Lampe), CN, March, 1977, p. 26-30

Foundations of Primary Nursing, (S. Thomas Hegyvary), NURSING CLINICS OF NORTH AMERICA, Vol. 12, No. 2, June, 1977, p. 187-196

What Nurses Say About Primary Nursing, (P. Dawson, N. Wilson),
sorry no bib.

Staffing Assignment: By TOSH or By Patient, (E.J. Hallocon), NURSING MANAGEMENT, Vol.14, No.8, p. 16

Achieving A Professional Practice Model How Primary Nursing Can Help, (P. Deiman, E. Noble, M. Russell), JOURNAL OF NURSING ADMINISTRATION, July/Aug., 1984

Staffing by (Peter Drucker), sorry no bib., article is on reserve
in Library